

# The Online Social Self: An Open Vocabulary Approach to Personality

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## Abstract

**Objective:** We present a new open language analysis approach that identifies and visually summarizes the dominant naturally occurring words and phrases that most distinguished each Big Five personality trait. **Method:** Using millions of posts from 69,792 Facebook users, we examined the correlation of personality traits with online word usage. Our analysis method consists of feature extraction, correlational analysis, and visualization. **Results:** The distinguishing words and phrases were face valid and provide insight into processes that underlie the Big Five traits. **Conclusion:** Open-ended data driven exploration of large datasets combined with established psychological theory and measures offers new tools to further understand the human psyche.

## Keywords

computational social science, Big Five personality, linguistic analysis, online studies, interdisciplinary research

“oh i hate september”

—Facebook post from an individual scoring high on neuroticism

‘its that time, off to meet a friend, woohoo!!!’

—Facebook post from an individual scoring high on extraversion

Much personality research uses small samples of participants in the undergraduate laboratory or uses transparent questionnaires. We believe there is also value in studying personality with unobtrusive methods in its natural habitat. The explosion of online social media provides an ecologically valid vehicle for obtaining “big data” for such studies (Anderson, Fagan, Woodnutt, & Chamorro-Premuzic, 2012). We present a new open vocabulary method for studying individual differences: We systematically examine the words and phrases expressed by more than 69,000 Facebook users and examine how these words illuminate personality.

The Internet is now an environment where users actively create and process information. *Social media* refers to web-based and mobile technology that allows the creation, sharing, and discussion of user-generated content, including sharing web articles and posts, text, and photograph updates on daily happenings, and the broadcasting of opinions and ideas (Kietzmann, Hermkens, McCarthy, & Silverstre, 2011). The most popular online modalities currently are blogs (personal web pages ranging from daily diaries to purposeful short articles), Twitter (a micro-blogging platform in which users post up to 140 character comments),

and Facebook (a social networking service and website). In this study, we focus on Facebook.

We draw on a well-documented personality model, the five-factor model (FFM), or Big Five, with factors labeled extraversion, agreeableness, conscientiousness, neuroticism/emotional stability, and openness to experience/intellect. The five factors are associated with many important life outcomes (Ozer & Benet-Martinez, 2006; Roberts, Kuncel, Shiner, Caspi, & Goldberg, 2007). This model has withstood much controversy and provides a theoretical framework for calibrating other constructs and new methods.

Personality characteristics are revealed through both behavior and through words and linguistic styles, such as conversations with acquaintances, friends, and strangers. A highly extraverted individual walks into a room, immediately engages in conversation, and is energized by the social interaction, while the highly introverted individual avoids the social situation altogether. Beyond behavior, the words and phrases that the actor uses influence how the observer classifies and understands him or her, often with considerable accuracy, with

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extrinsic characteristics (extraversion, conscientiousness, and agreeableness) being easier to identify than intrinsic characteristics (neuroticism and openness) (Funder & Sneed, 1993).

Important individual differences can be encoded as single words (Goldberg, 1993). More than a decade ago, James Pennebaker developed the software program Linguistic Inquiry and Word Count (LIWC; Pennebaker & Francis, 1999) to count word frequencies across multiple categories (e.g., positive emotion, pronouns, work, family). The program has enabled exploration of individual differences in the frequency of words that people write or speak. Numerous studies that have used LIWC suggest that words may be more linked to our personalities than previously thought (e.g., Chung & Pennebaker, 2007; Fast & Funder, 2008; Ireland & Mehl, in press; Pennebaker, 2002; Pennebaker, Mehl, & Niederhoffer, 2003; Tausczik & Pennebaker, 2010). For example, neuroticism relates to using more negative emotion and first person singular words, whereas extraversion relates to using more positive emotion and social words (Gill, Nowson, & Oberlander, 2009; Hirsh & Peterson, 2009; Mehl, Gosling, & Pennebaker, 2006; Pennebaker & King, 1999; Sumner, Byers, & Shearing, 2011; Yarkoni, 2010). Individuals high in agreeableness or conscientiousness use fewer swear words (Golbeck, Robles, & Turner, 2011). Across 694 bloggers and more than 100,000 words, Yarkoni (2010) found face valid correlations between individual words and the Big Five traits, such as “awful,” “lazy,” and “depressing” for neuroticism. Gill (2004) concluded, “personality is indeed projected and perceived through language in a computer-mediated environment” (p. 221).

In the current study, we extend prior research by using an open vocabulary analysis to capture the Big Five personality traits at a larger level than has been done previously, with personality profiles from over 69,000 Facebook users with millions of status updates. We also go beyond the single word to define characteristic groups of words. When a person judges another individual’s personality, he or she does not think in terms of how many pronouns or affect words the person uses. The LIWC program groups words into categories (e.g., family, body, causation, past tense), which gives little indication of what it is really like to be high on neuroticism or agreeableness. So we used a new method to empirically discover the words and phrases that are most related to each of the five traits.

This new method looks at the dominant distinguishing words and phrases through an open-ended vocabulary word set that includes emoticons, misspellings, and phrases. Open-ended exploration allows identification of naturally occurring language connections that closed systems such as LIWC miss. Such exploration is particularly important in social media, where nonstandard spellings and increased use of abbreviated text (e.g., wat, 2day, u, sooooo, xxxx, mga, ttyl) are common. Better precision is obtained by

using phrases rather than isolated words (e.g., “sick of” versus “sick” or “cant wait” versus “cant”). Given the vast number of possible phrases, these must be automatically identified, since it would be too cumbersome to identify all possibilities a priori. Furthermore, our method generates visual representations of the words, phrases, and topics that most distinguish high versus low levels of each trait. These visualizations illustrate what it is like to score high on neuroticism, extraversion, or agreeableness, with a high degree of external validity.

## Method

### Participants

Facebook has become the largest online social network, with over one billion active users (Facebook.com, 2012). Facebook includes the option to add third party *applications*, which allow users to enhance their social networking experience by accessing a range of content (e.g., play games, answer questionnaires). By opting into an application, the user typically grants the application developers access to profile information such as demographics and status updates. One such application is MyPersonality, created by Kosinski and Stillwell (2011) at the University of Cambridge in 2007. The application offers various personality tests, intelligence tests, and a growing number of other scales. Participants receive feedback on, for example, how extraverted or intelligent they are compared to norms. On first accessing the application, participants are asked to agree to the anonymous use of their test scores for research purposes. About 40% of users have optionally allowed access to their Facebook profiles (i.e., a history of the verbal status updates posted by them on their profiles).

For the purposes of this study, we considered 71,857 English-speaking users who granted access to their status updates with a minimum of 1,000 words across their posts,<sup>1</sup> scores on at least one of the five personality factors, and age and gender information. Before processing the data, persons indicating that they did not speak English were removed. As the age distribution was positively skewed with many users in their twenties, we limited analyses to the middle 95% of the sample in age, resulting in a final sample of 69,792 users (62.3% female). Participants were 23.36 years old on average ( $SD = 8.94$ , range 13-65 years). Detailed location information was unavailable, but based upon language preferences, roughly 85% were from the United States or Canada, 14% were from the United Kingdom or other European English speaking countries, and 1% were from other locations globally. Participants contributed about 20 million status updates and 452 million word and phrase instances (24,530 unique language features were used by at least one percent of the participants).

**Table 1.** Big Five Personality Trait Descriptives and Correlations.

Trait	<i>M</i>	<i>SD</i>	$\alpha$	1	2	3	4	5	6
Extraversion	-0.06	1.00	.93	—					
Agreeableness	0.02	1.00	.88	.17**	—				
Conscientiousness	-0.05	1.00	.92	.19**	.18**	—			
Emotional stability	0.14	1.04	.93	.34**	.33**	.30**	—		
Openness	0.13	0.97	.85	.13**	.06**	.04**	.06**	—	
Age	0.62	0.49	—	.01**	.05**	.05**	-.15**	-.05**	—
Gender	23.70	6.82	—	0.00	.02**	.19**	.02**	-0.01	.07**

Note. Personality traits were assessed on a 5-point Likert-type scale (1 = *very inaccurate*, 5 = *very accurate*). Composite scores for each factor are created and standardized by the MyPersonality application; standardized composite scores are reported.

\*\* $p < .01$ .

## Measures

The MyPersonality application offers various personality measures, most prominently the Big Five personality factors based on the International Personality Item Pool (IPIP; [www.ipip.ori.org](http://www.ipip.ori.org); Goldberg, 1999; Goldberg et al., 2006). The IPIP items are freely available to researchers, and the items have been mapped to Costa and McCrae's (1992) NEO personality inventory (NEO-PI-R), with appropriate norms established (Goldberg, 1992). Participants indicate how accurately a series of statements describe them (5-point scale, 1 = *very inaccurate*, 5 = *very accurate*). Scores are automatically compiled into the five factors (extraversion, agreeableness, conscientiousness, neuroticism, openness) and standardized, and these composite scores were used in our analyses (low neuroticism is described at times as emotional stability for consistency with the other traits). Table 1 summarizes trait descriptives, reliabilities, and correlations.

The main Facebook page allows a person to share a brief status update with "friends". Kramer (2010) notes: "this is a self-descriptive text modality, optimized and designed to elicit updates about the self, many of which contain emotional or affective content" (p. 288). For consenting participants, status updates from January 2009 to November 2011 were automatically gathered through an application programming interface. A random identity number linked the verbatim texts to the personality scores. On registering for the application, participants indicated their gender and age. Before beginning analysis, status updates were stored with an ID number for the person who wrote it.

## Data Analyses

Our open language analysis method consists of three parts: feature extraction, correlational analysis, and visualization. A detailed description of the full process can be found in Schwartz et al. (2013) and on our website ([wwbp.org](http://wwbp.org)).

Although few personality studies have examined associations by gender (Eaton & Funder, 2001), some evidence

suggests that trait manifestation through language may differ for males and females (Fast & Funder, 2008; Mehl et al., 2006). To investigate such associations in our much larger sample and to provide insight into male versus female expressions of each trait, analyses were performed with the full sample, adjusting for age and gender, and then separately for males and females. Although Mehl and colleague's (2006) investigation of gender differences in personality expression might provide guidance for expected differences, the study included a relatively small sample (96 people) and used a different methodology (electronically activated recordings). Thus, we consider our analyses to be exploratory and do not make specific hypotheses regarding gender differences.

**Feature Extraction.** Words and phrases ( $n$ -grams; sequences of two or three words) are automatically separated from each message. To break the text into  $n$ -grams (i.e., tokenize status updates), we use Pott's "happyfuntokenizing" ([sentiment.christopherpotts.net/code-data/happyfuntokenizing.py](http://sentiment.christopherpotts.net/code-data/happyfuntokenizing.py)), adding some modifications to recognize emoticons common to Facebook text (e.g., "<3," "^\_^").<sup>2</sup> From the tokenized text, single tokens (single words), two-token sequences (2-grams), and three-token sequences (3-grams) can be compiled. From the 2-grams and 3-grams, informative phrases (e.g., *thank you*, *merry Christmas*, *text me*) are identified and automatically selected using a pointwise mutual information criteria (i.e., the ratio of the actual rate that two words occur together to the expected rate that two words should occur together according to chance; Church & Hanks, 1990; Lin, 1998); 2-grams and 3-grams not meeting the criteria are discarded.

To focus on common language, maintain adequate power, and in line with practices by prior studies (Mehl et al., 2006; Pennebaker & King, 1999), words and phrases (i.e., single words, 2-grams, and 3-grams) are restricted to those used by at least 1% of the sample. Longer phrases could be considered, but computations become increasingly challenging (as the  $n$ -gram size increases, word combinations increase

exponentially, making it difficult to count the frequency of any single  $n$ -gram), and we found that the results presented here already contained considerable information to explore. Words and phrases are normalized by the total number of words written by the user, and then are transformed using the Anscombe transformation (1948) to stabilize the variance.

**Correlational Analysis.** Using an ordinary least squares linear regression framework, a linear function is fit between independent variables (i.e., words and phrases, one at a time) and the personality scores derived from the IPIP measure, adjusting for gender and age. The parameter estimate ( $\beta$ ) indicates the strength of the relation.  $p$  values are used to indicate significance, but as this is an exploratory method, coefficients are only considered meaningful if the  $p$  value is less than a two-tailed Bonferroni-corrected value of .001 (i.e., with 24,000 features, a  $p$  value must be less than  $.001 \div 24,000 = 4 \times 10^{-9}$ , to be retained).

As a test of effect robustness, we cross-validated findings by examining the percentage of overlap between older data (range January 1, 2009 through July 20, 2010;  $n_{\text{posts}} = 6,742,747$ ) and newer data (range July 21, 2010 through November 7, 2011;  $n_{\text{posts}} = 7,924,568$ ), splitting the data by the mean date a message was posted. We compared the top 100 most predictive words for each personality factor in the older group with the 100 top most predictive words for each personality factor in the newer group. On average, 79% of the top 100 most predictive words in group 1 were within the top 100 most predictive words in group 2. In addition, we examined the split half correlation for all words by domain, and found adequate stability (average  $r_{\text{Pearson}} = .84$ ;  $\rho_{\text{Spearman}} = .91$ ).<sup>3</sup>

**Visualization.** A key component of our method is visualization, which helps the human mind make sense of the tens of thousands of correlations. The 100 features (words and phrases) that are most positively or negatively correlated with each outcome are combined into a word cloud, using a modified version of Wordle software ([www.wordle.net/advanced](http://www.wordle.net/advanced)). To create the visualizations, we map the correlation coefficients to a size between 10 and 110, which defines the font size for a particular feature relative to the other features in a given image. Frequency is mapped to hexadecimal encodings of color, ranging from grey to blue to red. For example, a large red word is frequently used and has a stronger correlation with the trait, whereas a small blue word is less frequent and more weakly correlated. Thus, the size of the words in our visualizations indicates the strength of the correlation between the word and personality trait, and the color is used to indicate the frequency of word use (i.e., how often it occurs in posts). Finally, this information is passed into the Wordle software, generating the final word cloud image.

## Results

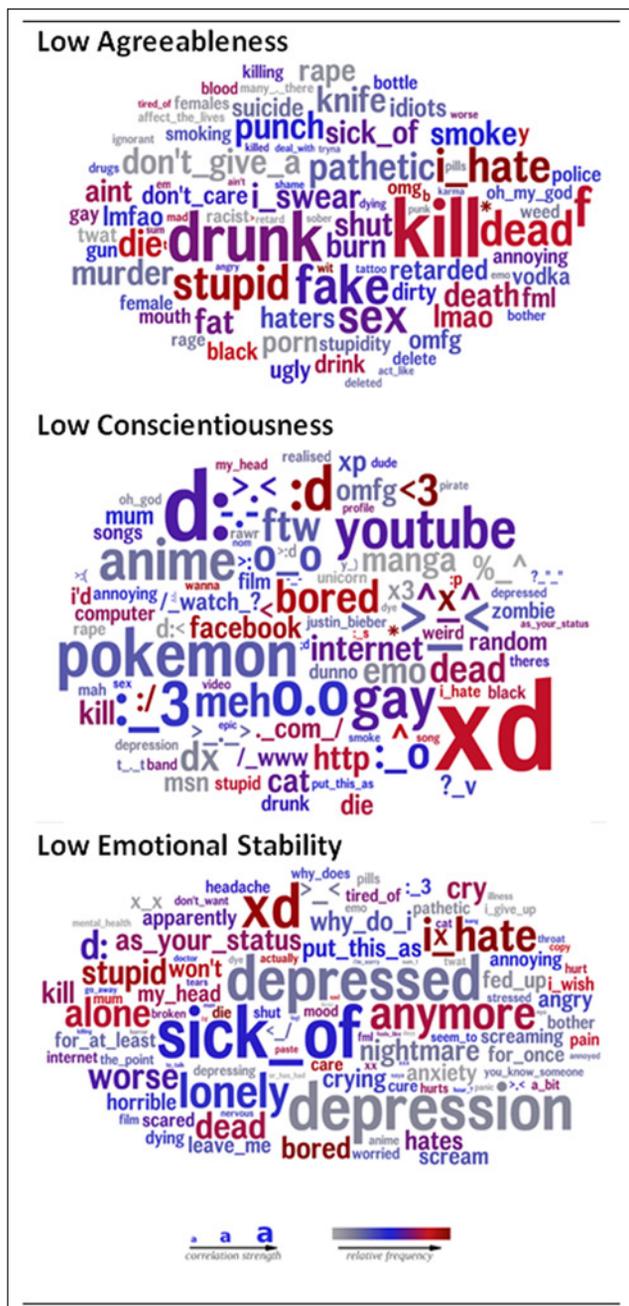
### Personality and the Open Vocabulary Approach

Figure 1 presents the words and phrases that most distinguished each trait.<sup>4</sup> High neuroticism included negative words such as *depression*, *lonely*, and *kill*. High extraversion included social words and phrases such as *party*, *girls*, and *can't wait*, whereas low extraversion related to more isolated activities, such as *internet* and *reading*. High conscientiousness included words such as *work*, *success*, and *busy*. High openness reflected the artistic domain (e.g., *soul*, *dreams*, *universe*, *music*), whereas low openness reflected low intellectual and cultural sophistication, with high use of shorthand language (e.g., *wat*, *ur*, *2day*), misspellings, and reduced contractions (e.g., *dont* vs. *don't*).

Although the dominant words in each word cloud generally reflected what might be expected based on decades of questionnaire-based personality research, the surrounding words suggest processes underlying each trait. For example, conscientiousness included words reflecting achievement, school, and work (e.g., *success*, *finals*, *to work*, *work tomorrow*, *long day*), and activities that support relaxation and balance (e.g., *weekend*, *family*, *workout*, *vacation*, *day off*, *lunch with*) and general enjoyment (e.g., *much fun*, *blessed*, *enjoying*, *wonderful*). High emotional stability (low neuroticism) reflected positive social relationships (e.g., *team*, *game*, *success*) and activities that could build life balance (e.g., *blessed*, *beach*, *sports*). High extraversion, which has been aligned with positive emotionality (Costa & McCrae, 1980), reflected hedonic elements of well-being (e.g., *party*, *;*, *excited*), whereas agreeableness reflected more diverse eudaimonic components of well-being (e.g., *grateful*, *wonderful*, *family*, *friends*).

Swear words were very prevalent for high neuroticism, low conscientiousness, and low agreeableness. At first pass, these categories appear indistinguishable, but differences appear in the words surrounding the swear words. Figure 2 presents low agreeableness, conscientiousness, and high neuroticism with the swear words removed. Low agreeableness was characterized by aggressiveness, substance abuse, and other words reflecting a hostile approach to the world (e.g., *kill*, *punch*, *knife*, *drunk*, *i hate*, *racist*, *idiots*). Low conscientiousness was similar to low extraversion, with computer-related words (e.g., *pokemon*, *youtube*, *bored*, *3meh0.0*). Low conscientiousness was also similar to low openness, with shorthand text and emoticons (e.g., *d:*, *3meh0.0*, *xd*, *ftw*). Low emotional stability was distinguished by depression, loneliness, worry, and psychosomatic symptom words (e.g., *depressed*, *lonely*, *scared*, *headache*). Further distinction occurs in the high end of each trait (Figure 1). For example, high agreeableness includes family and religious words; emotional stability includes sport words (e.g., *lakers*, *basketball*, *soccer*),





**Figure 2.** Low agreeableness, conscientiousness, and emotional stability (high neuroticism), with swear words removed.

whereas high conscientiousness includes school and work-related words.

Figure 3 displays the positive correlations for each trait, separately by gender. In general, although the frequency that words were expressed varied between genders, the words themselves were often the same. For example, whereas both women and men high in agreeableness mentioned numerous religious words, men mentioned more holidays (*thanksgiving, 4th of July, happy new year*), and

women expressed more emotional words (*wonderful, blessed*) and mentioned more words reflecting gratitude (*thankful, thank you*). Differences were most apparent for emotional stability; men particularly mentioned sport-related words, whereas women high on emotionally stable mentioned more religious and gratitude words.

### Personality and the Closed Vocabulary Approach

To compare our results to prior research, we replicated studies that have used the closed vocabulary LIWC lexicons. We counted word occurrence in 64 of the LIWC dictionary categories (Pennebaker & Francis, 1999), and correlated category frequencies with personality scores. Categories with personality correlations of  $r = \pm .10$  or greater are summarized in Table 2.<sup>5</sup> The size and pattern were consistent with prior studies. For example, extraversion related to more positive emotion words (e.g., *happy, joyful, hope*) and more sexuality words (e.g., *condom, horny, hug*). Agreeableness, conscientiousness, and emotional stability related to fewer negative emotion words (e.g., *anxious, depressed, critical, hatred*). Openness related to greater article use (e.g., *a, a lot, an, the*) and more insight words (e.g., *complex, consider, prefer, solution*). Again, few gender differences were evident; although the strength of the correlations varied slightly for men and women, the pattern of associations was relatively the same.

### Discussion

Using data from more than 69,000 Facebook users, we examined relations between Big Five personality and word expression in online social media by automatically identifying the dominant distinguishing words and phrases associated with each trait. By condensing thousands of correlations visually, meaningful relations became apparent. Distinguishing words are face valid, and surrounding words provide insight into how personality traits are manifest in everyday language.

The visualizations are a core component of this technique. Rather than relying on numerical correlations between topics and personality tests that may have little real-life meaning, the visualizations highlight the dominant salient characteristics, which may bring us closer to understanding life from a person’s perspective and enabling self-knowledge. Big data research is often exploratory in nature, and tens of thousands of correlations can be “significant” but not “meaningful.” In contrast, the adage “a picture is worth a thousand words” takes on new meaning as a picture of words is a particularly appealing method. What is it like to be high in neuroticism? The word clouds paint a rather depressing picture, with sadness, loneliness, fear, and pain dominating the image.

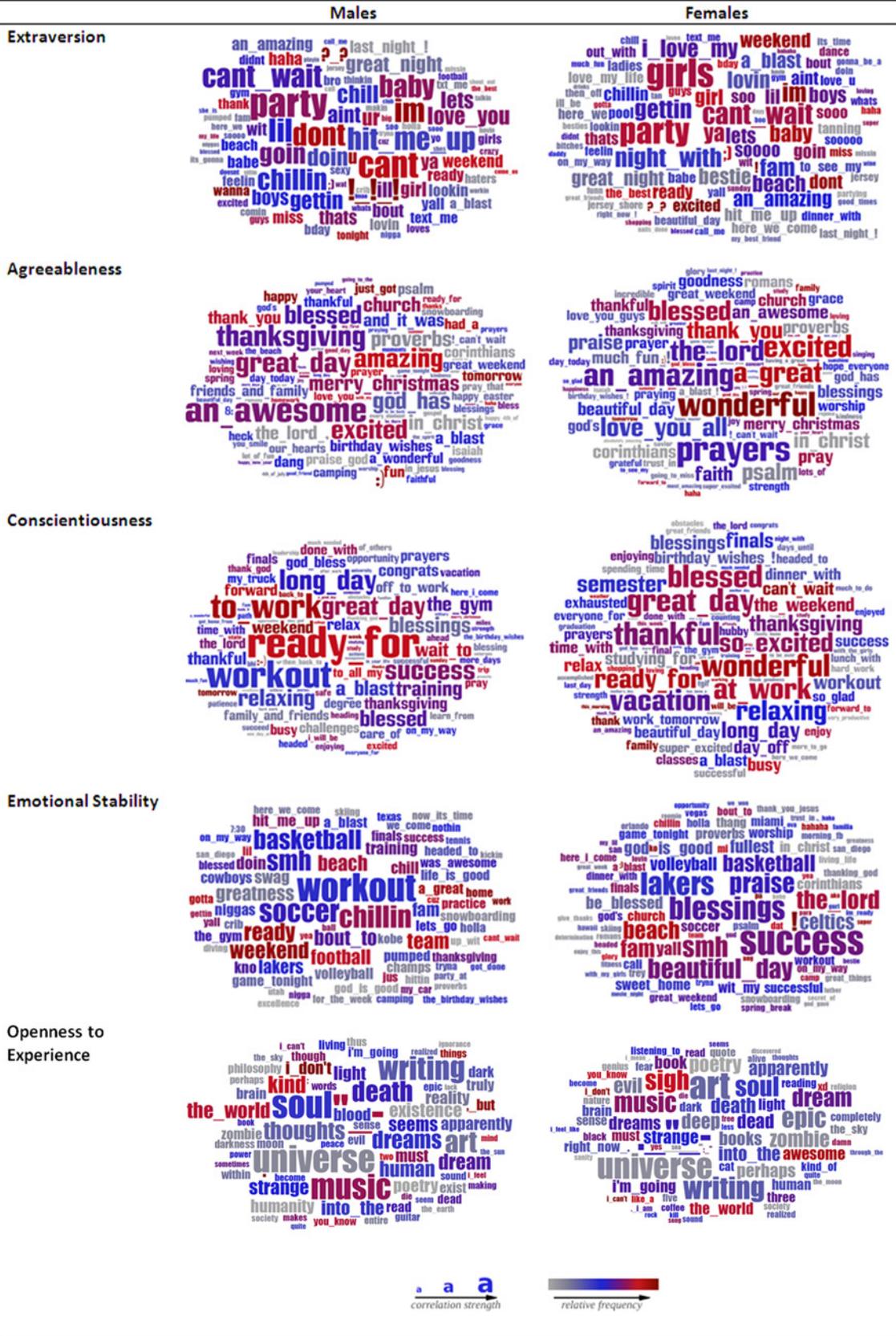


Figure 3. Male and female word clouds based on the words with the strongest positive correlations with trait scores, adjusted for age.

**Table 2.** Linguistic Inquiry Word Count (LIWC) Closed Vocabulary Categories: Top Correlations Between Self-Reported Big Five Personality Scores and LIWC Categories.

Category	Example words	Sample	E	A	C	ES	O
Achievement	accomplish, beat, master, plan, quit	Full	.01	.05	<b>.13</b>	.09	.00
		Males	.01	.05	<b>.12</b>	.08	-.02
		Females	.02	.07	<b>.16</b>	.06	.00
Articles	a, a lot, an, the	Full	-.04	.02	.07	.06	<b>.13</b>
		Males	-.04	.00	.04	.04	<b>.14</b>
		Females	-.03	.05	.10	.02	<b>.12</b>
Body	feet, hands, skin, goose bumps, head	Full	-.01	-.09	<b>-.12</b>	-.07	.05
		Males	.01	-.08	<b>-.11</b>	-.04	.03
		Females	-.02	-.09	<b>-.12</b>	-.09	.07
Causation	makes, origin, rationale, used, why	Full	-.06	-.02	-.02	-.02	<b>.10</b>
		Males	-.06	-.02	-.02	-.01	<b>.10</b>
		Females	-.07	-.01	-.01	-.03	.09
Death	alive, bury, coffin, death, fatal, war	Full	-.08	<b>-.10</b>	<b>-.10</b>	-.04	.10
		Males	-.08	<b>-.10</b>	-.09	-.08	.08
		Females	-.08	-.08	-.10	-.07	<b>.11</b>
Family	Mother, sister, uncle, wife, pa	Full	.02	.05	.09	-.02	<b>-.13</b>
		Males	.05	.03	.06	.02	-.09
		Females	.01	.04	.09	.02	<b>-.14</b>
Filler	blah, like, oh well, you know, i mean	Full	.01	-.05	<b>-.12</b>	-.04	.05
		Males	.02	-.03	<b>-.11</b>	-.02	.02
		Females	.01	-.06	<b>-.13</b>	-.06	.07
Inclusive	add, and, both, into, open, with	Full	.04	.07	<b>.10</b>	.01	.05
		Males	.04	.04	.07	.04	.09
		Females	.04	.07	<b>.11</b>	.02	.03
Insight	accept, become, believe, know, recall	Full	-.08	.01	-.01	-.04	<b>.14</b>
		Males	-.09	.02	-.03	-.03	<b>.15</b>
		Females	-.08	.01	.01	-.05	<b>.12</b>
Negative Emotion	despair, difficult, ugh, sad, hatred	Full	-.06	<b>-.16</b>	<b>-.18</b>	<b>-.13</b>	.04
		Males	-.05	<b>-.14</b>	<b>-.15</b>	<b>-.12</b>	.01
		Females	-.06	<b>-.17</b>	<b>-.19</b>	<b>-.17</b>	.06
Prepositions	For, except, over, toward, with	Full	-.02	.04	<b>.10</b>	.03	.06
		Males	-.02	.03	.08	.04	.08
		Females	-.02	.05	<b>.12</b>	.00	.04
Positive Emotion	happy, gentle, proud, humor, hugs	Full	<b>.13</b>	<b>.14</b>	<b>.13</b>	.05	-.07
		Males	<b>.13</b>	<b>.13</b>	.09	.07	-.04
		Females	<b>.12</b>	<b>.14</b>	<b>.13</b>	.09	-.08
Sensory Processes	Delicious, feel, flavor, sour, press	Full	-.03	.01	-.08	-.03	<b>.11</b>
		Males	-.02	.01	<b>-.10</b>	-.02	.09
		Females	-.04	.01	-.06	-.04	<b>.11</b>
Sexuality	pregnant, rape, lust, love, prostate	Full	<b>.11</b>	-.04	-.06	-.03	.00
		Males	<b>.10</b>	-.07	-.07	-.04	-.01
		Females	<b>.11</b>	-.03	-.06	-.02	.01
Swearing	suck, crap, butt, f**k, hell	Full	.01	<b>-.16</b>	<b>-.13</b>	-.04	.02
		Males	.03	<b>-.14</b>	<b>-.11</b>	-.05	-.02
		Females	.01	<b>-.17</b>	<b>-.14</b>	<b>-.10</b>	.04
Time	anymore, autumn, presently, once	Full	.02	.07	<b>.11</b>	.03	-.05
		Males	.03	.08	.08	.06	-.04
		Females	.02	.07	<b>.12</b>	.02	-.06

Note.  $N = 69,792$  users. Only categories with at least one correlations of  $r = .10$  or greater are shown, and correlations of  $r = .10$  or stronger are given in boldface. See online Supplemental Table S2 for all 64 categories and full correlations. E = extraversion, A = agreeableness, C = conscientiousness, N = neuroticism, O = openness to experience.

Although different words dominated each trait, there was also considerable overlap, especially in the low conscientiousness, agreeableness, and emotional stability word clouds. Digman's (1997) proposed two higher order personality factors,  $\alpha$  and  $\beta$ , that underlie the Big Five factors and serve as the basis of two different theoretical systems. Factor  $\beta$ —personal growth or self-actualization—combines extraversion and intellect (openness). In line with Digman's description, high levels of extraversion reflected outgoingness, expressiveness, and activity, while high levels of openness reflected creativity, imagination, and cultural sophistication. Openness to experiences has been related to social attitudes, choosing friends and spouses, political involvement, and cultural progression (McCrae & Sutin, 2009). Low openness was particularly characterized by misspellings and the use of contractions of contractions (e.g., *dont* vs. *don't*), reflecting a lack of verbal sophistication.

Factor  $\alpha$ , underlying conscientiousness, agreeableness, and emotional stability, may reflect either a social desirability factor or the socialization process itself (Digman, 1997). The word clouds again support such a higher factor. On the high end, socially acceptable activities and virtuous language were apparent, including religious type words (e.g., *the lord, church, blessings, psalm*) and words that might build strong social relationships (e.g., *blessed, workout, basketball, team, thanksgiving*), which have been linked to good health and other desirable outcomes (e.g., McCullough, Hoyt, Larson, Koenig, & Thoresen, 2000; Pressman & Cohen, 2005; Taylor, 2007). High agreeableness included well-being (e.g., *excited, wonderful, amazing, blessed*) and positive social relationships (e.g., *love you all, thank you, friends and families*). High conscientiousness included physical activities (e.g., *the gym, workout, training*), spending time with family (e.g., *family, dinner with*), and a balance between work and play (e.g., *success, hard work, relaxing, much fun*), reflecting mature socialization processes (Vaillant, 2012).

On the low end, swear words and psychopathology appeared. Neuroticism has been linked to anxiety, depression, and substance use disorder (Kotov, Garmez, Schmidt, & Watson, 2010), and was evident in words such as *depressed, lonely, and anxiety*. A negative spiral may ensue, in which an individual scoring high on neuroticism feels depressed, spends more time online ruminating about how depressed he or she feels, and subsequently creates greater feelings of loneliness and despair. Low agreeableness reflected language that may trigger aggressive responses in others (e.g., *kill, hate*), pointing to socialization problems. Negative valence captured by the low levels of the  $\alpha$  factor may be expressed more pathologically in social media contexts, whereas positive valence may be overly positive on the high ends of these traits. Potentially, clinicians could use the information contained in these word clouds to help

identify individuals caught in a negative spiral and intervene before depression and other psychopathology build.

Differential language can potentially be compared across different groups to consider underlying processes. For example, as others have found gender differences in word use (e.g., Fast & Funder, 2008; Mehl et al., 2006), we examined males and females separately. Highly emotionally stable men mentioned various sporting activities, whereas highly emotionally stable women included social relation words. At a more fine-grained level, for extraversion, females mention *boys* and *girls*, whereas males mention *boys* and *girl*, without the "s." For agreeableness, *Thanksgiving* correlated for males but not females. Still, few clear differences were apparent. Future research will benefit from a "differential differential language analysis" that systematically compares results of one group with another and directly tests which words most differentiate two groups on a trait.

### Implications for Assessment

Gosling et al. (2002) suggest that people leave behavioral traces of themselves in the physical spaces that they inhabit. Similarly, our study suggests that people leave traces of themselves in the online environment. Building upon Funder's (1995) realistic accuracy model, Kluemper, Rosem, and Mossholder (2012) hypothesized that social networking sites enable a sufficient amount of information to be expressed such that others can accurately perceive the Big Five personality characteristics. Indeed, our results suggest that personality traits are reflected in natural word use, and that traits can be better understood through differential language analysis. Much can be learned about personality by studying the patterns of physical, social, and online environments in which people reside.

In terms of personality assessment, this differential language analysis technique finds the individual language that correlates with a given variable or characteristic. It can be used to suggest novel connections between behavior as manifested in writing and personality or other psychosocial variables that might not be apparent from forced answer questionnaires alone. The word clouds can help illustrate the Big Five traits, taking abstract constructs and making them concrete in terms of how personality is manifest in everyday life. Furthermore, the method can be used as a questionnaire assessment tool; by revealing words that differentiate question or construct responses, our technique can provide insight into what a questionnaire is actually measuring. Many self-reported measures may be face valid to the researchers, but have not been well tested in terms of how laypeople themselves understand the questions. This provides an unobtrusive method to investigate the underlying constructs that a particular measure is capturing.

Our differential language analysis process provides a novel strategy for approaching big data that combines social science theory, big data available through online social media, and tools available through computer science. Our technique challenges social sciences to think outside of the box, daring the field to use social media for assessment research. Other works might use the knowledge of which words and phrases correlate with personality factors to help in building statistical models to predict personality (for an elaboration of using penalized regression to predict personality on the basis of status updates, see Schwartz et al., 2013).

### Limitations

Both prior studies with LIWC and the current study found small correlations between self-reported personality and word frequency. When using individual word and phrase frequencies, most words and phrases are used at least a few times by most people, so it is unlikely that single words or phrases will relate to personality scores with an  $r$  larger than 0.1 or 0.2. A combination of words and phrases within one model would have larger effects.<sup>6</sup> Future work using machine-learning techniques can more directly address predictive models.

The sample size in the present study consisted of tens of thousands of individuals writing at least 1,000 words, providing high power, and thus helping the field avoid Type II errors (i.e. missing a real phenomenon). Notably, we used a very stringent criterion (i.e., requiring a language feature to be significant at a Bonferroni-corrected threshold of  $p = 4 \times 10^{-9}$ ), and only included the 100 features most and least correlated with each trait in the word clouds, to reduce the possibility that relations are simply due to chance. Still, data mining techniques are exploratory in nature, and relations should be examined in more detail with other samples and analytic approaches.

Facebook posts, like self-report questionnaires, reflect identity and reputation management (Karl, Peluchette, & Schlaegel, 2010). We could not directly test the extent to which identity management might have occurred. However, comparisons of self-ratings, online behavior, and observer ratings indicate that individual differences in identity management often occur in intuitively meaningful ways (Back et al., 2010; Gill, Oberlander, & Austin, 2006), such that identity management may be an important part of personality expression. Whereas participants can easily manipulate answers in transparent self-report questions, observers typically use both expressions and omissions in natural language to form personality judgments.

With such large numbers, it is easy to think that the sample is representative of the world at large. While this is a more diverse sample than undergraduate questionnaire studies, despite over one billion users (currently, 15.6% of

the world population and more than 50% for the United States; Miniwatts Marketing Group, 2012), the sample was drawn from individuals who chose to use a personality application and then to make their profiles available to the application. Although the popularity and ease of large Internet samples is appealing, especially with growing concerns about privacy, future research needs to carefully consider shifting bias in any online sample. In a world of quickly changing technology, the sample characteristics are also likely to change. For example, several years ago, MySpace dominated the social media culture, whereas Facebook and Twitter have since become the biggest players. Computational social science needs to be flexible and ready to shift with the tide of popular interest.

### Conclusion

Mehl et al. (2006) noted, “in many ways, people’s real-world interactions within their social environments are the very things social and personality psychologists want to know about” (p. 875). Cialdini (2009) appealed to psychologists to incorporate field-based studies, noting, “unless researchers more clearly demonstrate the value of their exploration to the wider society, support will be reduced” (p. 6). The explosion of social media and the availability of large data offer personality and social psychologists both a playground for exploration and a medium to communicate directly with the public, directly addressing Cialdini’s challenge.

Our very large-scale study suggests that there are major individual differences in common word expressions that are personality-based. The typical small questionnaire studies of college undergrads cannot produce such results. The LIWC categories of single words provide a computational method for turning qualitative information from essays or online blog posts into quantitative variables that could be correlated with personality. However, the LIWC categories were manually created using a top-down approach. We have added a bottom-up approach that automatically derives words, emoticons, misspellings, and phrases most related to personality, and allows the data to tell their own story through intuitive visualizations. In conclusion, we suggest that the marriage of computational science and psychological science may enable a better understanding of the human psyche than questionnaires alone.

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## Notes

1. A minimal word criterion was needed to reduce noise from sparse responses. The choice of the 1,000-word cutoff was somewhat arbitrary. We tested 500-, 1,000-, and 2,000-word cutoffs, and correlations appeared to stabilize around 1,000. Future work should test the appropriate cutoff.
2. See [wwbp.org/data.html](http://wwbp.org/data.html) for further details and the modified tokenizer, which can be run on a text file.
3. Percentage overlap by domain: Extraversion, positive 79%, negative 79%; Agreeableness positive 85%, negative 77%; Conscientiousness, positive 76%, negative 78%; Emotional stability, positive 75%, negative 74%; Openness, positive 83%, negative 84%. Split half correlations: Extraversion,  $r = .97$ ,  $\rho = .93$ ; Agreeableness,  $r = .92$ ,  $\rho = .87$ ; Conscientiousness,  $r = .72$ ,  $\rho = .91$ ; Emotional stability,  $r = .87$ ,  $\rho = .87$ ; Openness,  $r = .73$ ,  $\rho = .96$ .
4. Correlation coefficients for the words appearing in each picture are given in online Supplemental Table S1. Word clouds controlled for age and gender. In a supplemental analysis, we also controlled for the other four traits; the resulting images are displayed in online Supplemental Figure S1.
5. As  $r = .10$  is often described as a small effect size, for simplicity we present these values. See online Supplemental Table S2 for full trait/category correlations for the full sample and separated by gender.
6. To demonstrate, we created composite variables based on the 100 words most positively or negatively correlated with each trait. We summed the relative frequencies across all of the 100 words per user, standardized these values across our participants, and then subtracted the standardized negative composite from the standardized positive composite. We then correlated this composite variable with the personality score. Correlation coefficients were  $r = .16$ ,  $.21$ ,  $.25$ ,  $.13$ , and  $.23$  for extraversion, agreeableness, conscientiousness, neuroticism, and openness respectively, all of which were larger than any single word or phrase correlation.

## Supplemental Material

The online supplements are available at <http://asm.sagepub.com/supplemental>.

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